

SPECIAL TRAVEL ISSUE: THE INSIDER'S GUIDE

# FOOD & WINE

MAY 2009

*best* recipes  
from the world's *best*  
cooking teachers

+ the *go list*  
rising-star chefs,  
value restaurants,  
best food cities  
& more

PAGE 75

*Grilled steak  
tacos with  
avocado salsa—  
ideal with a  
spicy Zinfandel*  
RECIPE, P.46





## HIP BURGERS

Star Atlanta chef (and former *Top Chef* contestant) Richard Blais brings his love of high-tech cooking to **Flip Burger Boutique**. One of his liquid-nitrogen milk shakes would be fabulous with any of the burgers, from the classic all-American Flip Burger (far right) to the Bun Mi (near right): seared pork sausage with pickled ginger and Asian-spiced slaw. 1587 Howell Mill Rd.; 404-343-1609.



## retromania

Nostalgic new spots, from upscale diners to haute seafood shacks.

by emily kaiser

## FINER DINER

The pierogies are made in-house and the roast chicken is organic at **Teplitzky's** coffee shop in the Chelsea, Atlantic City's new boardwalk hotel. The owner is top restaurateur Stephen Starr. 111 S. Chelsea Ave.; 609-428-4550.



## MEAT LOAF MAKEOVER

At Chicago's **Meatloaf Bakery**, Cynthia Kallile rethinks the comfort-food classic with recipes like her chorizo-spiked El Loaf del Fuego. Using mashed potatoes and other sides as icing, she turns loaves into layer cakes (perfect for parties) and cupcakes (single servings). 2464 N. Clark St.; 773-698-6667.

## LOCAVORE GENERAL STORE

**Oak Street Local Market** in Mountain Brook, Alabama, sells fresh produce and canned goods from near and only slightly far, like this spicy pickled okra from Cherith Valley Gardens in Fort Worth, Texas. 115 Oak St.; 205-870-7542.



## A CHEF'S SEAFOOD SHACK

At **Nettie's Crab Shack** in San Francisco, owner Annette Yang and chef Brian Leitner draw on traditions across the U.S., from a Bay Area Dungeness crab feast to a crayfish boil (left) featuring their own version of the mid-Atlantic spice mix Old Bay. 2032 Union St.; 415-409-0300.



PHOTOGRAPHS: HEIDI GELDHAUSER FOR THE REYNOLDS GROUP (BLAIS, BURGERS); COURTESY OF BULLFROG & BAUM (TEPLITZKY'S); COURTESY OF NANCY UBER/NU PR (CRAB SHACK); COURTESY OF CHERITH VALLEY GARDENS (OKRA)